

The Ultimate Decluttering Checklist

Go room by room. Make three piles: 1. Keep 2. Donate 3. Repurpose or Toss. Focus on progress, not perfection.

1 Entryway & Closets

- Remove unworn sneakers and shoes
- Give away gently used sneakers
- Discard worn-out footwear
- Sort coats and jackets
- Declutter bags and accessories

2 Bedroom

- Declutter clothes
- Donate unused shoes
- Sort jewelry and accessories
- Clear nightstands
- Remove unused décor

3 Bathroom

- Dispose of expired medications
- Toss old makeup
- Recycle empty containers
- Declutter under-sink storage

4 Kitchen

- Donate duplicate utensils
- Remove chipped dishes
- Discard expired pantry items
- Declutter food storage

5 Living Room

- Donate books
- Remove unused décor
- Declutter surfaces
- Organize cords

6 Garage/ Laundry

- Donate sports equipment
- Sort seasonal items
- Recycle electronics
- Donate stored, wearable shoes

Reminder:

If it's gently used and wearable, donate it instead of tossing it.